

BRITISH SUMMER TIME CHANGE – CLOCKS GO FORWARD 1 HOUR

Bismillah Cultural Centre

Afghan Community – 1370c London Road, Norbury, SW16 4DE

Charity registration number: 1133180



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RAMADHAN 1445 – March 2024

- QUARTERLY RENT HAS BEEN INCREASED TO £6250 - - JUMMAH SALAAH AT 12.30 AND 1.15 -

ISLAMIC DATE	Date	Day	FAJAR			ZHUR		ASR		MGHRIB	ISHAA	
			BEGINS	JAMA'	Sunrise	BEGINS	JAMA'	BEGINS	JAMA'	BEGINS	BEGINS	JAMA'
1	11	Mon	4.49	5.15	6.23	12.15	1.00	4.04	4.45	6.02	7.18	7.45
2	12	Tue	4.46	5.15	6.20	12.15	1.00	4.05	4.45	6.04	7.20	7.45
3	13	Wed	4.44	5.15	6.18	12.15	1.00	4.06	4.45	6.05	7.21	7.45
4	14	Thu	4.42	5.15	6.16	12.15	1.00	4.08	4.45	6.07	7.23	7.45
5	15	Fri	4.40	5.00	6.14	12.14	1.00	4.09	4.45	6.09	7.24	8.00
6	16	Sat	4.38	5.00	6.11	12.14	1.00	4.11	4.45	6.11	7.26	8.00
7	17	Sun	4.36	5.00	6.09	12.14	1.00	4.12	4.45	6.12	7.27	8.00
8	18	Mon	4.33	5.00	6.07	12.13	1.00	4.13	4.45	6.14	7.29	8.00
9	19	Tue	4.31	4.50	6.05	12.13	1.00	4.15	4.45	6.16	7.30	8.00
10	20	Wed	4.29	4.50	6.02	12.13	1.00	4.16	4.45	6.17	7.32	8.00
11	21	Thu	4.27	4.50	6.00	12.13	1.00	4.17	4.45	6.19	7.33	8.00
12	22	Fri	4.24	4.50	5.58	12.12	1.00	4.19	5.00	6.21	7.34	8.00
13	23	Sat	4.22	4.45	5.55	12.12	1.00	4.20	5.00	6.22	7.36	8.00
14	24	Sun	4.19	4.45	5.53	12.12	1.00	4.21	5.00	6.24	7.37	8.00
15	25	Mon	4.17	4.45	5.51	12.11	1.00	4.23	5.00	6.26	7.39	8.00
16	26	Tue	4.14	4.45	5.49	12.11	1.00	4.24	5.00	6.27	7.40	8.00
17	27	Wed	4.12	4.35	5.46	12.11	1.00	4.25	5.00	6.29	7.42	8.00
18	28	Thu	4.09	4.35	5.44	12.10	1.00	4.27	5.00	6.31	7.43	8.00
19	29	Fri	4.06	4.35	5.42	12.10	1.00	4.28	5.15	6.32	7.45	8.15
20	30	Sat	4.04	4.30	5.40	12.10	1.00	4.29	5.15	6.34	7.46	8.15
21	31	Sun	5.01	5.30	6.39	1.10	2.00	5.30	6.15	7.36	8.40	9.15
22	1	Mon	4.59	5.25	6.35	1.09	2.00	5.31	6.15	7.37	8.49	9.15
23	2	Tue	4.56	5.25	6.33	1.09	2.00	5.33	6.15	7.39	8.50	9.15
24	3	Wed	4.54	5.20	6.31	1.09	2.00	5.34	6.15	7.41	8.52	9.15
25	4	Thu	4.51	5.20	6.28	1.08	2.00	5.35	6.15	7.42	8.53	9.15
26	5	Fri	4.49	5.15	6.26	1.08	2.00	5.36	6.30	7.44	8.55	9.30
27	6	Sat	4.46	5.15	6.24	1.08	2.00	5.37	6.30	7.46	8.56	9.30
28	7	Sun	4.44	5.10	6.22	1.08	2.00	5.39	6.30	7.47	8.57	9.30
29	8	Mon	4.41	5.10	6.19	1.07	2.00	5.40	6.30	7.49	8.59	9.30
30	9	Tue	4.39	5.05	6.17	1.07	2.00	5.41	6.30	7.51	9.00	9.30

AFGHANISTAN FOOD PROGRAM

*Sponsor **daily bread distribution** in Afghanistan.
200+ FAMILIES provided to DAILY. Send donations to bank account with reference: "Breadafg"

QUARTERLY RENT £6250

[Bismillah Cultural Centre]
Acc No: 90 25 35 88
Sort C: 20 – 29 – 90
Please Sponsor £50 pm

DUA for breaking fast 1

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ العُرُوقُ، وَتَبَتَ الأَجْرُ إِنْ شَاءَ

Dhahab azhamaa wabtal latil U'rooq wathaba tal ajr In Sha Allah

“Thirst has gone, the arteries are moist, and the reward is sure if Allah wills.”

– *Abi Dawood*

DUA for breaking fast 2

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِرَحْمَتِكَ الَّتِي وَسِعَتْ كُلَّ شَيْءٍ أَنْ تَغْفِرَ لِي

Allaahumma inni as aluka birahma ti kallatee wasi a't kulla shay an taghfiralee

“O Allah, I ask You by Your mercy, which encompasses all things, that You forgive me.” – *Ibn Majah*

DUA before keeping fast

وَبِصَوْمِ غَدٍ نَّوَيْتُ مِنْ شَهْرِ رَمَضَانَ

Wabi saumi ghadin nawaytu min shahri Ramadhan

“I intend to keep fast for tomorrow in the month of Ramadhan”

This dua is not from hadith but it expresses intention to fast.

Ibn Taymiyya said, “Whoever thinks in his heart that he will fast tomorrow has formed the intention for fasting”

DUA for waking up

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alhamdulillaa hilladhee ahyaana ba'da amaatanaa wa ilaihin nushoor

All praise is for Allah who gave us life after having taken it from us and unto Him is the resurrection.

DUA in the last 10 nights of Ramadhan

اللَّهُمَّ إِنَّكَ عَفُوفٌ كَرِيمٌ تُحِبُّ العَفْوَ فَاعْفُ عَنِّي

Allaahumma innaka a'fuwwun kareem tuhibbul a'fwa fa'fu a'ndee

O Allah, indeed You are Pardoning, [Generous,] You love pardon, so pardon me.